

Hi.

ooooolala

What do we have here?



Funnel



Funnel Lid



Cap



Tube

Fill Line

**ready, set,
...wait!**



Before you begin, please review
this important information.

Indications for use

The 23andMe Saliva Collection Kit is intended for the non-invasive collection of saliva samples. DNA from the saliva sample is isolated, stabilized and suitable for over-the-counter use with the 23andMe® Personal Genome Service (PGS) test for the Health + Ancestry Service and Ancestry + Traits Service. Saliva samples collected using the 23andMe Saliva Collection Kit are stabilized and can be transported and/or stored long term at ambient conditions. The 23andMe Health + Ancestry PGS test uses qualitative genotyping to detect clinically relevant variants in genomic DNA isolated from human saliva collected from individuals ≥ 18 years old with the 23andMe Saliva Collection Kit for the purpose of reporting and interpreting certain Carrier Status, Genetic Health Risks, Cancer Risks and Pharmacogenetics.

The test is intended to provide users with their genetic information to inform lifestyle decisions and conversations with their doctor or other healthcare professional.

Warnings & Precautions

Wash with water if stabilizing liquid comes in contact with eyes or skin. Do NOT ingest. See MSDS at 23andme.com/safety-data-sheet and 23andme.co.UK/safety-data-sheet. Small cap may pose a choking hazard. Report any serious incident to 23andMe and the competent authority in your country.

Contents

- 1 set of step-by-step instructions
- 1 sample return bag
- 1 Oragene®.Dx OGD-500.001 saliva collection device containing 2 mL of stabilizing liquid. This product is designed for the collection of human saliva samples.

Limitations

The 23andMe PGS test can tell if you have genetic variants associated with certain health conditions. The report does not diagnose any health conditions or provide medical advice. Consult with a healthcare professional before making any major lifestyle changes or if you have any concerns about your results.

The laboratory may not be able to process your sample. If this happens, we will notify you by email and provide you with one free replacement kit to provide us with a new sample.

Summary & Explanation

This self-collection kit provides materials and instructions for collecting and stabilizing saliva samples for use with the 23andMe PGS test. The test detects specific gene variants. Your genetic results are returned to you in a secure online account on the 23andMe website.

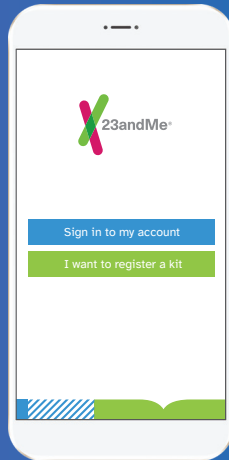
IVD For in vitro diagnostic use

okay, let's get started.

Download the 23andMe app and use it to register your kit.

You'll receive instructions for how to collect your saliva sample and start your genetic journey.





No app? No worries.
Follow these 8 easy steps to get started.



Step 1

Register your kit

Go online to 23andme.com/start to register your saliva collection tube using the barcode. We recommend writing the number down for future reference, or taking a picture if that's easier.

The important thing to remember is that your sample can't be processed until it's registered.



Step 2

No food or drink for 30 minutes

Don't eat, drink, chew gum, brush teeth or smoke for 30 minutes before giving your saliva sample. And don't remove the plastic film from the funnel lid.

Do not stop or change any course of treatment or medication prior to collecting your spit.



Up to here!

Step 3

Fill to line

Spit into the funnel until the amount of liquid saliva (not bubbles) reaches the fill line shown here.

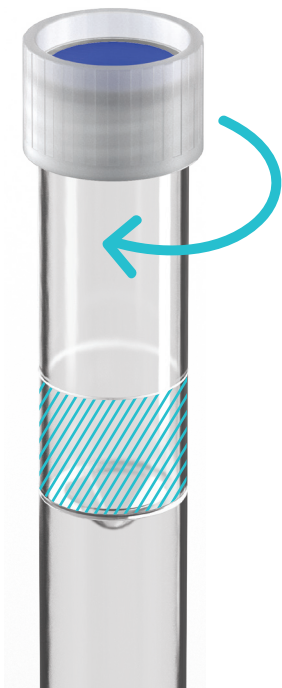


Step 4

Close funnel lid

Holding the tube upright, close the funnel lid (as shown) by firmly pushing on the lid until you hear a *click*.

The liquid in the lid will be released into the tube to mix with the saliva. Make sure that the lid is closed tightly.



Step 5

Screw on cap

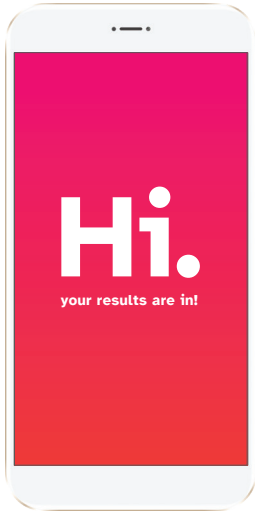
Continuing to hold the tube upright, unscrew the funnel from the tube and discard. Use the cap to seal the tube. Shake the tube for 5 seconds.



Step 6

Seal in bag

You're nearly done! Now, place the capped tube into the plastic bag containing the absorbent pad and seal the bag. Do not remove the absorbent pad from the bag.



Step 8

Let the discovery begin

Once your sample has been processed, you will receive an email letting you know that your results are in. Simply sign in to your secure online account and let the genetic discovery begin.



Share your experience.

@23andMe #23andMe

Questions?

We are here to help.

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The 23andMe Saliva Collection Kit is made in Canada for 23andMe by DNA Genotek Inc. 3000 - 500 Palladium Drive, Ottawa, ON, K2V 1C2, Canada
Subsidiary of OraSure Technologies, Inc.
Patent (www.dnagenotek.com/legalnotices)
PD-PR-00894 Issue 3/2022-01

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REF 23ME-SCK-001

Storage 15°C / 30°C (59°F / 86°F)

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Label legend:

	Manufacturer
	CE marking
	In vitro diagnostic medical device
	Catalog number
	Lot number
	Consult instructions for use
	Authorized representative
	Storage instructions
	Collect saliva by (use by)
	Contents sufficient for 1 test

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